



Life Saving

Nov 21 www.stedmundsbury-lifesavers.org.uk 41

Thank you for another great start to our club year! As our community and our club continue to see some disruption from the on-going pandemic, I would like to thank everyone for being alert and following the guidance to keep us all safe. Please remember to continue to bring a face covering to use as you exit the changing rooms. Talking to other local clubs, we are in a great position in terms of membership numbers and whilst the first term always takes a few weeks to settle, I hope we have now sorted the classes and are full! You will see from below, we had a good summer of activities and it was great to see the many family members getting in for a swim as well! On a personal note, Richard and I would like to thank everyone for their support & sponsorship for our Cornwall to the Scilly Islands swim in aid of the RNLI. Best wishes *George*

Open Water Sessions

Felixstowe

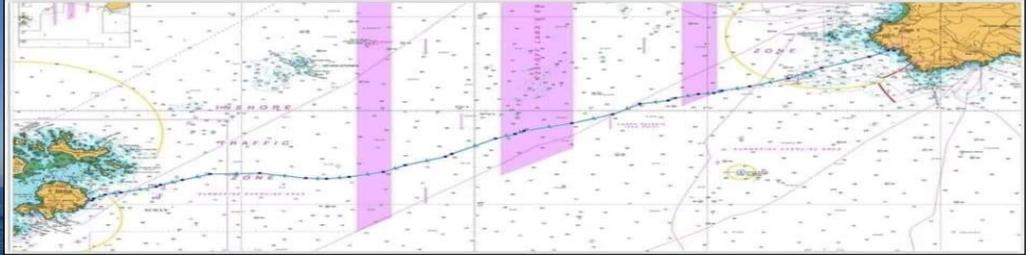
Dip

2021

Two great sessions down at the Dip, with members enjoying a variety of land-based rescues, non-contact tows, stamina swims and paddle boards. It was great to see everyone enjoying the water and experiencing the challenges of open water!

Thank you to all the trainers making these sessions possible and parents for the support!





Wednesday 15th September 08:00 to Thursday 16th September 07:00
An epic 17:59:29 Swim to Scilly!



Seeing Sam off at the start!



That's how to Straddle jump!



That's how to Straddle jump!



Our 1st of 3 one hour swims. Rick on the left

Our 1st of 3 one hour swims. Rick on the left



Our 1st of 3 one hour swims. Rick on the left



Coastguard Support



The Whole Team



Cathy heading for land



Back to the harbour!

Thank you for your donations! We raised over £5,000 for the RNLI

Sam, Rick, Mark, George, Megan & Cathy

Events/ Diary Dates:

Term Dates - Last night of term 12th December. First night back is **Sunday 9th January 2022**