



Richard's Christmas Message...

The end of 2019 is almost upon us. What a year! The Family club camp was once again held at Hemsby with great weather again and record numbers. Our 1st group of assistant trainers have all passed and are now RLSS qualified trainers with the 2nd group progressing well. The Christmas cracker competition with 60+ members was a great way to finish the year, with Grace's Ginger Crackers winning all the events, our 1st ever clean sweep.

Once again this club has been kept running by a great team of volunteers. So I thank you all and wish you and all club members a great Christmas and prosperous 2020 .

Pairs Competition 2019

Rookie and Survive & Save pairs came together on the 10th November to complete in 3 lifesaving events to test the skills and knowledge they have gained so far. We had great support from parents and family members watching and cheering on all the competitors, many having a go for the first time!

Well done to everyone for a great effort, we hope you all enjoyed competing and watching the event. Thank you to everyone that helped organise and run the event on the night. Sarah (one of the founder members of the club) presented medals and Trophies to our 2019 champions (full results on the website);

Rookies – Rhys & Brodie

Survive & Save – Cameron & Jack

Our Medal Winners...



Christmas Cracker



Our Winners...Grace's Ginger Crackers

Abbie, Joe, Tom, Maddie, Eleanor, Niamh, Alex and of course Grace



Thanks to Nigel and his Elf helpers for this years Christmas Cracker team competition which everyone seemed to enjoy! Santa's sleigh ride, Elf in waiting, Mince pie chase and Chimney Drop were some of the games the teams enjoyed. Well done to all the teams, as always it was great to see the older members supporting the Rookie members, although I think the Rookies showed them how to body board! The final results were 2nd Xmas Elves, 3rd Big Brains, 4th Team3, 5th Rainbows & Unicorns and 6th Fairylights



Events/ Diary Dates:

New Term starts 12th January (No Lifesaving on 16th February)

Merry Christmas to you all!

